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| **Mountain Bluebells 2021 Spring Menu**  Our school menu stays the same throughout the school year. Children thrive on consistency and knowing what they will be eating each day gives them a sense of comfort. All of our foods are made from scratch using organic and locally sourced ingredients whenever possible. And they are definitely infused with lots of love.  Water, herbal tea & milk are available with each meal. | | | | | | |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **AM Snack**  9:30am | **Millet cakes** Served w/ applesauce & fruit | **Homemade Granola & Yogurt** Served w/seasonal fruit | **Brown Rice**  Served w/ braggs, butter, & fruit | **Homemade Bread**  Served w/ fresh churned butter & fruit | **Hot Oatmeal**  served w/ fruit, nuts, cream & maple syrup |
| **Lunch**  12:15pm | **Roast Chicken**  Served w/ potatoes, seasonal veggies and fruit | **Quiche**  Served w/ seasonal veggies & fruit | **PBJ’s** Served w/Veggies & Fruit | **Veggie Mac n Cheese**  Served w/ salad & fruit | **Homemade Pizza**  Served with seasonal veggies & fruit |
| **PM Snack**  3pm | Simple Fare including: dried fruit & nuts, cheese, rice cakes, fresh fruit & popcorn | | | | |